#### **COMMANDO JOE'S WHOLE SCHOOL TOPIC**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2022-2023	Topic: Levison Wood		Topic: Tim Peake, Nellie Bly		Topic: Amelia Earhart	
	Value: Respect		Value: Resilience		Value: Empathy	
2023-2024	Topic: Kira Salak		Topic: Spartacus		Topic: Sir Ranulph Fiennes	
	Value: Self-Awareness		Value: Positivity		Value: Excellence	
2024-2025	Topic: Leif Erikson		Topic: Ed Stafford		Topic: Sir Ernest Shackleton	
	Value: Communication		Value: Teamwork		Value: Respect	
2025-2026	Topic: The Queen		Topic: Nellie Bly		Topic:Ibn Battuta	
	Value: Resilience		Value: Empathy		Value: Self-Awareness	
2026-2027	Topic:Samuel Pepys		Topic:Kira Salak		Topic: Tim Peake	
	Value: Positivity		Value: Excellence		Value: Communication	

## **ENGLISH**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Animals including humans (Non-Fiction) Cross-curricular: Science	The Messy Magpie (Fiction traditional tales) Cross-curricula: taking care of our environment	Back to Earth with a Bump (Fiction reading and comprehension) Cross-curricular: space	Time Travel: The Great Fire of London (writing) Cross-curricular: History	Plants (Non-Fiction) Cross-curricular: Science	Three Little Pigs (Fiction traditional tales reading) Little Red Riding Hood (writing) Cross-curricular: hard work pays off
Year 2	Animals including humans (Non-Fiction) Cross-curricular: Science	Don't Hog the Hedge! (Fiction reading) Cross-curricular: Science and autumn	Beatrix Potter: Peter Rabbit (Fiction reading) Cross-curricular: Science	Ronald the Rhino (Fiction reading) Cross-curricular: Science	The Day the Crayons Quit (Fiction reading)	Starry-Eyed Stan (Fiction reading) Cross-curricular: Geography
Year 3	The Hodgeheg by Dick King Smith (Fiction reading and writing)	How to Skin a Bear (Fiction reading and writing)	The King of Space by Jonny Duddle (Non-Fiction writing) Cross-curricular: Science	Rocks and Minerals (Non-Fiction reading) Cross-curricular: Science	Charlie and the Chocolate Factory (Fiction reading and writing)	
Year 4	Sustainability: Climate change (Fiction writing) Cross-curricular: Science and Geography		Avoid being Tutenkhamun! (Non Fiction reading) &/or Time Travel Secrets of Ancient Egypt Cross-curricular: History		Explorers: James and the Giant Peach (Fiction reading and writing)	
Year 5	The Wonder Garden (Non Fiction)	Firebird: Traditional Tale (Fiction reading and writing)	Space: Tim Peake (Non Fiction reading and writing) Cross-curricular: Science and Commando Joes  Jabberwocky (Fiction)		on)	

Year 6	Wonder (Non Fiction)	Explorers: Dreams and Anders Armfield (Non Fiction)	The Highwayman (Non Fiction)	Significant author: Macbeth (Non Fiction)	Living things: David Attenborough (Non- Fiction reading and writing) Cross-curricular: Science	
Year 7	Coach Trip (writing non-fiction) or Moonfleet (reading pre-20th century fiction)	Skellig (reading contemporary fiction)	Narrative writing (writing fiction)	History of English (understanding language context) &/ or Poetry from around the world (reading poetry)	A Midsummer's Night Dream (reading Shakespeare)	Literary Heritage (reading pre-20th century fiction)
Year 8	Dystopian fiction (writing fiction) Sinister stories (reading fiction)	The picture of Dorian Grey (reading pre-20th century fiction)	KS3 News writing non-fiction	Poisonous poetry (reading pre-20th century poetry)	Black American experiences in literature (reading seminal world literature)	Blood Brothers (reading 20th century play)
Year 9	Pop and poetry (reading poetry) Travel writing (writing non-fiction)	Much Ado about Nothing (reading Shakespeare)	Writing non- fiction: Whodunit	Of Mice and Men (reading world literature)	English language writing fiction	Non-fiction reading
Year 10	FS: Introduction to speaking and listening Preparing for a discussion	FS: Introduction to reading Introduction to writing Skimming for information	FS: Body language Word and image	FS: Planning work Presenting information- organisational features of text	FS: Fact and opinion-preparing for a discussion	FS: Presenting information Writing in sequence Local language
	GCSE Lang: Reading skills: Extracts, skim reading, cloze exercises, reading aloud, paired reading, peer reading, group reading Writing skills: Generating ideas from stimuli, three-part structures for planning, model planning for engaging opening/endings. Paragraph writing focusing on		GCSE Lang: Reading skills: Confidence in reading, mini sagas and short stories, linked pictures. Language analysis skills, 'reading' images, inference, connotations, key terminology, embedding quotations, what/how/why technique. Synthesis and comparison. Writing skills: Text in different forms		GCSE Lang: Reading skills: Evaluation skills, writing under timed conditions with feedback. Writing skills: Developing planning skills including annotation, question bullets, what/why/where/when, planning techniques, openings and conclusions. Sentence structures/	

	sentence structures, punctuation and vocab, figurative language		and for different purposes- mark schemes, peer assess, redraft, questioning and responses, model responses. Transactional texts. Spoken language preparation.		punctuation/ advanced vocab, rhetorical techniques/ creative writing. Complete spoken language assessments.	
Year 11	FS: Fit for purpose Using information to create instruction	FS: Formal letter Writing a report	FS: Balance and influential speakers Giving a presentation	FS: Online communication Writing a blog Having an online discussion	FS: Writing a recount Presentation of work	FS: Revision and exams
	GCSE Lang: Reading skills: Evaluation skills through revising understanding and evaluation skills. Writing skills: annotating mark scheme, punctuation cards, punctuation, improvements.		analysis/ inference/ Develop comparative	ang: g skills: Continued ment of evaluation/ language / inference/ comparison. comparative skills. skills: Timed writing activities.		ıs

### **MATHS**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Place value	Addition and subtraction Geometry: shape (1 week)	Place value (3 weeks) Addition and subtraction (3 weeks)	Place value (2 weeks) Length and height (2 weeks) Mass and volume (2 weeks)	Multiplication and division (3 weeks) Fractions (2 weeks) Geometry: position and direction (1 week)	Place value (3 weeks) Measurement: money (1 week) Time (2 weeks)
Year 2	Addition and subtraction (5 weeks) Geometry: shape (3 weeks)		Money (2 weeks) Multiplication and division (5 weeks) Length and height (2 weeks) Mass, capacity, temperature (2 weeks)		Fractions (3 weeks) Time (3 weeks)	Statistics (2 weeks) Geometry: position and direction (2 weeks)
Year 3	Place value (3 weeks) Addition and subtraction (5 weeks) Multiplication and division A (3 weeks)		Multiplication and division B (3 weeks) Length and perimeter (3 weeks)	Fractions A (3 weeks) Mass and capacity (3 weeks)	Fractions B (2 weeks) Money (2 weeks) Time (3 weeks) Geometry: shape (2 weeks)	
Year 4	Place value (4 weeks) Addition and subtraction (3 weeks) Area (1 week) Multiplication and division A (2 weeks)		Multiplication and division B (3 weeks) Length and perimeter (2 weeks) Fractions (4 weeks) Decimals A (3 weeks)		Decimals B (2 weeks) Money (2 weeks) Time (2 weeks) Shape (2 weeks) Statistics (1 week) Geometry: position and direction (2 weeks)	
Year 5	Place value (3 weeks) Addition and subtraction (2 weeks) Multiplication and division A (3 weeks) Fractions A (4 weeks)		Multiplication and division B (3 weeks) Fractions B (2 weeks) Decimals and percentages (3 weeks) Perimeter and area (2 weeks)		Shape (3 weeks) Position and direction (2 weeks) Decimals (3 weeks) Negative numbers (1 week) Converting units (2 weeks) Volume (1 week)	

Year 6	Place value (2 weeks) Addition, subtraction, multiplication, and division (5 weeks) Fractions A (2 weeks) Fractions B (2 weeks) Converting units (1 week)		Ratio (2 weeks) Algebra (2 weeks) Decimals (2 weeks)	Fractions, percentages, decimals (2 weeks) Area, perimeter, volume (2 weeks) Statistics (2 weeks)	Shape (3 weeks) Position and directi Themed projects, or problem solving for	consolidation,
Year 7	Algebraic thinking	Place value and proportion	Applications of number	Directed number	Lines and angles	Reasoning with number
Year 8	Proportional reasoning	Representations	Algebraic techniques	Developing number	Developing geometry	Reasoning with data
Year 9	Reasoning with algebra	Constructing in 2 and 3 dimensions	Reasoning with number	Reasoning with geometry	Reasoning with proportion	Representations and revision
Note on FS:			heme of work is base esources noted on m		ing towards FS L1. (	Other level
Year 10	FS: Number skills and rounding	FS: Number skills and rounding Decimals	FS: Percentages and calculations Fractions	FS: Fractions Probability	FS: Statistical measure Perimeter and area including circles	FS: Perimeter and area including circles Collecting and representing data
	GCSE: Congruence, similarity, and enlargement (3 weeks) Trigonometry (3 weeks)	GCSE: Representing solutions of equations and inequalities (3 weeks) Simultaneous equations (3 weeks)	GCSE: Angles and bearings (2 weeks) Working with circles (2 weeks) Vectors (2 weeks)	GCSE: Ratios and fractions (2 weeks) Percentages and interest (2 weeks) Probability (2 weeks)	GCSE: Calculating and interpreting data (4 weeks) Non-calculator methods (2 weeks)	GCSE: Types of numbers and sequences (2 weeks) Indices and roots (2 weeks) Manipulating expressions (2 weeks)
Year 11	FS: Collecting and representing data	FS: Properties of angles and	FS: Algebra	FS: Bespoke recap and revision	FS: Revision and exams	FS: Revision and exams

Ratio and proportion Properties of angles and shapes	shapes Scale diagrams Measures				
GCSE: Gradients and lines (2 weeks) Non-linear graphs (2 weeks) Using graphs (2 weeks)	GCSE: Expanding and factorising (2 weeks) Changing the subject (2 weeks) Functions (2 weeks)	GCSE: Multiplicative reasoning (2 weeks) Geometric reading (2 weeks) Algebraic reasoning (2 weeks)	GCSE: Transforming and constructing (2 weeks) Listing and describing (2 weeks) Show that (2 weeks)	GCSE: Revision and exam	S

### SCIENCE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 1	Animals including h	Animals including humans		Everyday materials		Scientist and inventors	
Year 2	Animals including h	numans	Use of everyday ma	aterials	Plants	Scientist and inventors	
Year 3	Forces and magnets	Animals including humans	Light	Rocks	Plants	Scientist and inventors	
Year 4	Living things and their habitats	Animals including humans	States of matter	Electricity	Sound	Scientists and inventors	
Year 5	Forces	Animals including humans	Properties & changes of materials	Earth and space	Living things and their environments	Scientist and inventors	
Year 6	Light	Animals including humans	Forces - Earth and Space	Knowledge evolution and inheritance	Living things and their environments	Scientist and inventors	
Year 7	Biology: Cells and organisation	Biology: Reproduction	Chemistry: States of matter and separating mixtures	Chemistry: Atoms and the periodic table	Physics: Energy changes and transfers	Physics: Forces	
Year 8	Biology: Health and the human body	Biology: Photosynthesis and respiration	Chemistry: Chemical reactions	Chemistry: Earth and atmosphere	Physics: Electricity and magnetism	Physics: Space	
Year 9	Biology: Inheritance and evolution	Biology: Ecosystems and interdependence	Chemistry: Acids and alkalis	Chemistry: Materials and recycling	Physics: Motion and pressure	Physics: Waves	
Year 10	Biology: Key concepts Cells and control Genetics		Chemistry: Key concepts States of matter an Chemical changes	d mixtures	Physics: Key concepts Motion and forces Conservation of en	oncepts a and forces	

	Natural selection and genetic modification Health, disease, and development of medicine	Extracting metals and equilibriums Separate chemistry 1	Waves Light and the electromagnetic spectrum Radioactivity Astronomy Energy forces doing work Forces and their effects	
Year 11	Biology: Plant structure and their functions, Animal coordination, control, and homeostasis, Exchange and transport in animals, Ecosystems and materials	Chemistry: Groups in the Periodic table Rates of reaction and energy changes Fuels and Earth science Separate chemistry 2	Physics: Electricity and circuits Static electricity Magnetism and the motor effect Electromagnetic induction Particle model Forces and matter	Revision and exams

	Autumn 1 Art	Autumn 2 Art	Spring 1 RE	Spring 2 RE	Summer 1 Art	Summer 2 Art
Year 1	Nature sculptures	Colour	Belonging	Friendship	Drawing	Crafts
Year 2	Sculpture	Painting	Beginning and endings	Ceremonies	Famous Artist	
Year 3	Fruit and Vegetables	Autumn	The Nativity Story	Judaism	Insects	
Year 4	British art	Bodies	Faith today	Christianity	Plants and flowers	European art and artists
Year 5		Painter study - Van Gogh	Peace	Forgiveness	Artist study - Georgia O'Keefe	Aerial photography
Year 6	Aborginal art		Justice and freedom	Humanism	Wildlife birds	The seaside
Year 7	Line	Tone	Five pillars of Islam	Christian beliefs: Creation Religious founders	Exploring and replicating famous images / evaluating art	Pop art and Andy Warhol
Year 8	Collage birds	Self portraits (inner and outer self)	Prejudice, discrimination, human rights	PSHE: Rights and Responsibilities	Great artists through time	Picasso and cubism
Year 9	Banksy	All about me hoodie design and creation	Various thematic	Life after death	Printing techniques	Graffiti and street art
Year 10	Biro drawings Damon Cook Pebble/ shell drawings	Coloured pencil drawings and coloured pencil on black paper Colour theory and	Influence and power	A Good Life	Collage and drawing Drawing in different mediamark making	Michael Lang Painting

		painting technique Helen Wells				
Year 11	Student choice artis	st study	Marking sense of life's experience	The Big Picture	Student choice artist study	

# PΕ

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Circuit training	Games	Gymnastics	Dance	Yoga	Games
Year 2	Circuit training	Games	Gymnastics	Dance	Yoga	Games
Year 3	Circuit training	Games	Gymnastics	Dance	Yoga	Games
Year 4	Circuit training	Games	Gymnastics	Dance	Yoga	Games
Year 5	Circuit training	Games	Gymnastics	Dance	CJ's tasks	Invasion games
Year 6	Circuit training	Games	Gymnastics	Dance	CJ's tasks	Invasion games
Year 7	Fit to perform	Fit to perform	Fit for life	Fit for life	Fit to lead	Fit to lead
Year 8	Fit to perform	Fit to perform	Fit for life	Fit for life	Fit to lead	Fit to lead
Year 9	Fit to perform	Fit to perform	Fit for life	Fit for life	Fit to lead	Fit to lead
Year 10	Fit to perform	Fit to perform	Fit for life	Fit for life	Fit to lead	Fit to lead
Year 11	Fit to perform	Fit to perform	Fit for life	Fit for life	Fit to lead	Fit to lead

## MUSIC / FRENCH

	Autumn 1 Music	Autumn 2 French	Spring 1 Music	Spring 2 French	Summer 1 Music	Summer 2 French
Year 1	Hey you! Rhythm in the way we walk	Greetings	In the Groove Round and round	Paris	Your imagination Reflect, rewind, replay	Food
Year 2	Hands, feet, heart Ho ho ho	How are you?	I wanna play in a band Zootime	My body	Friendship song Reflect, rewind, replay	Colours
Year 3	Let your spirit fly Glockenspiel stage 1	Getting to know you	Three little birds The Dragon Song	All about me	Bringing us together Reflect, rewind, replay	Food, glorious food
Year 4	Mamma Mia Glockenspiel stage 2	Friends and family	Stop! Lean on me	Our School	Blackbird Reflect, rewind, replay	Time
Year 5	Livin on a prayer Classroom Jazz 1	All around town	Make you feel my love The fresh prince of Bel Air	On the move	Dancing in the street Reflect, rewind, replay	Going shopping
Year 6	Happy Classroom Jazz 2	Where in the world?	A new year carol You've got a friend	What's the time?	Music and me Reflect, rewind, replay	Holidays and hobbies
Year 7	Find your voice - performance skills  Keyboard performance skills	Pleased to meet you	Stomp and Rhythmic notation Melody, structure, and pitch notation	All about ourselves	Ukelele performance skills Chords and Accompaniment Patterns	That's tasty
Year 8	Strictly Dance Music	Friends and family	Music festival band ensemble	School life	Personalised Solo Performance	Time travelling

			performance skills		Skills	
Year 9	Live Lounge	Let's visit a French town	Musical Theatre	Let's go shopping	Minimalism	This is France
Year 10	Pop	Joyeux Noel	Keyboard and performance skills	French Olympics	Film music	Bastille
Year 11	Rock n Roll	My studies	Reggae	Jobs	Ground Bass	The future

### **HISTORY / GEOGRAPHY**

	Autumn 1 Geography	Autumn 2 Geography	Spring 1 History	Spring 2 History	Summer 1 History	Summer 2 Geography
Year 1	Our School	The Gunpowder Plot History	Our environment	The Great Fire of London	The Great Fire of London	Wonderful weather
Year 2	What a wonderful world!	Magical mapping	The Gunpowder plot	Kings and Queens	Nurturing nurses	Beside the seaside
Year 3	The UK	Extreme earth	Ancient Egypt	War and Remembrance	War and Remembrance	Rainforests
Year 4	All around the world	Somewhere to settle	Ancient Egypt	Anglo Saxons and Scots	Anglo Saxons and Scots	Water
Year 5	Marvellous maps	Enough for everyone	Ancient Greece	Ancient Greece	Leisure and entertainment	Locational Knowledge
Year 6	Magnificent mountains	Our changing world	World War II	Ancient Egypt	Stone age and iron age	Trade and economics
Year 7	Restless Earth	Polar Regions	What is history?	Chronology	Britain 1066-1509	Raging rivers

Year 8	Food and Farming / Urbanisation	KS3 Coasts	Britain 1066-1509	Britain 1509-1745	Britain 1509-1745	Map skills
Year 9	Weather and climate	Population pressures / tourism	Britain 1745- the end of Empire	Britain, Europe, and the wider world 1901- present	Britain, Europe, and the wider world 1901- present	Our Deadly Planet
Year 10	Sustainability and the environment project Weather hazards and climate change Ecosystems, biodiversity, and management		Crime and punishment: Saxon and Norman	Crime and punishment: Early modern and 18th Century	Crime and punishment: Industrial and modern	Changing UK landscapes
Year 11	Changing cities Global development	People and places in the UK Resource management	Medicine through time		Map reading and fieldwork skills and activities	

## COMPUTING

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Computing systems and networks	Creating media - digital painting	Programming - a moveable robot	Data and information - grouping data	Creating media - digital writing	Programming B
Year 2	Computing systems and networks - IT around us	Creating media - digital photography	Programming A - Robot algorithms	Data and information - pictograms	Creating media - digital music	Programming B - programming quizzes
Year 3	Computing systems and networks - connecting computers	Creating media - stop frame animation	Programming A - sequencing sounds	Data and information - Branching databases	Creating media - desktop publishing	Programming B - events and actions in programs

Year 4	Computing systems and networks - The internet	Creating media - Audio production	Programming A - Repetition in shapes	Data and information - Data logging	Creating media - Photo editing	Programming B - Repetition in games
Year 5	Computing systems and networks - Systems and searching	Creating media - video production	Programming A - Selection in physical computing	Data and Information - flat file databases	Creating media - introduction to vector graphs	Programming B - selection in quizzes
Year 6	Computing systems and networks - communication and collaboration	Creating media - web page creation	Programming A - Variable in games	Data and information - Introduction to spreadsheets	Creating media - 3D modelling	Programming B - sensing movement
Year 7	Clear messaging in digital media	Networks from semaphores to the Internet	Using media – Gaining support for a cause	Programming essentials in Scratch – part I	Programming essentials in Scratch – part II	Modelling data using spreadsheets
Year 8	Media - Vector graphics	Layers of computing systems	Developing for the Web	Representations – from clay to silicon	Mobile app development	Introduction to Python programming
Year 9	Python programming with sequences of data	Media- animations	Data science	Representations – going audiovisual	Introduction of cybersecurity	Applying programming skills with physical computing
Year 10	Cross curricular sus Media project	stainability project:	Programming	E-Safety	Algorithms	Media
Year 11	Data input	E-Safety	Coding	Media	Cross curricular: Fieldwork and map reading: photography and video	

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fabric faces		Fabric bunting	Fabric bunting		
Year 2	Healthy packed lur	iches	Dips and dippers		Moving pictures	
Year 3	Cookery/baking		Juggling balls	Juggling balls		
Year 4	Battery operated lights		Mechanical posters	Mechanical posters		
Year 5	Automated animals		Marbulous structures		Global food	
Year 6	Felt phone cases		Super seasonal cookery		Programming adventures	
Year 7	Cooking and nutrition	Cooking and nutrition	Design	Design	Evaluate	Evaluate
Year 8	Cooking and nutrition	Cooking and nutrition	Design	Design	Evaluate	Evaluate
Year 9	Cooking and nutrition	Cooking and nutrition	Design	Design	Evaluate	Evaluate
Year 10	Design	Design	Evaluate	Evaluate	Cooking and nutrition	Cooking and nutrition
Year 11	Design	Design	Evaluate	Evaluate	Cooking and nutrition	Cooking and nutrition

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep I grow?	nealthy as we	How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	
Year 7	Developing goal setting, organisation skills and self-awareness:  • Personal identity and values • Learning skills and teamwork	Developing empathy, compassion And communication:  • Making and maintaining friendships  • Identifying and challenging bullying	Developing agency, strategies to manage influence and decision making: • Regulating emotions • Diet and exercise • Hygiene and dental health	Developing self-confidence and self-worth:  • Puberty and managing change • Body satisfaction and self-concept	Developing assertive communication, risk management And support-seeking skills: • Rights in the community • Relationship boundaries	Developing agency and decision making skills: • Drugs, alcohol and tobacco • Safety and first aid

	Respect in school	Communicating online	• Sleep		Unwanted contact     FGM and forced marriage	
Year 8	Developing risk management skills, analytical skills and strategies to identify bias:  • Managing online presence  • Digital and media literacy	Developing respect for beliefs, values and opinions and advocacy skills:  • Stereotypes, prejudice and discrimination  • Promoting diversity and equality	Developing agency and strategies to manage influence and access support:  • Drugs and alcohol  • Introduction to contraception  • Resisting peer influence  • Online choices and influences	Developing goal setting, motivation and self-awareness:  • Aspirations for the future  • Career choices  • Identity and the world of work	Developing communication and negotiation skills, clarifying values and strategies to manage influence: • Healthy relationships • Boundaries and consent • LGBT+ inclusivity • 'Sexting' • Managing conflict	Developing agency and strategies to manage influence and access support:  • Maintaining positive mental health  • Importance of physical activity
Year 9	Developing goal-setting, analytical skills and decision making:  GCSE options  Sources of careers advice Employability	Developing self-confidence, risk management and strategies to manage influence: • Friendship challenges • Gangs and violent crime • Drugs and alcohol • Assertive communication	Developing empathy, compassion and strategies to access support:  • Mental health (including self-harm and eating disorders)  • Change, loss and bereavement  • Healthy coping strategies	Developing analytical skills and strategies to identify bias and manage influence: • Financial decisions • Saving and borrowing • Gambling, financial choices and debt	Developing assertive communication, clarifying values and strategies to manage influence: • Healthy/ unhealthy relationships • Consent • Relationships and sex in the media	Developing decision making, risk management and support-seeking skills: • Sexually transmitted infections (STIs) • Contraception • Cancer awareness • First aid
Year 10	Developing self-awareness,	Developing empathy and	Developing agency and decision	Developing goal setting, leadership	Developing respect for diversity,	Developing motivation,

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	goal-setting, adaptability and organisation skills: • Managing transition to key stage 4 including learning skills • Managing mental health concerns	compassion, strategies to manage influence and assertive communication: • Relationship expectations • Impact of pornography • Identifying and responding to abuse and harassment	making, strategies to manage influence and access support: • First aid and life-saving • Personal safety • Online relationships	and presentation skills: • Skills for employment • Applying for employment • Online presence and reputation	risk management and support- seeking skills: • Nature of committed relationships • Forced marriage • Diversity and discrimination • Extremism	organisation, leadership and presentation skills: • Preparation for, and reflection on, work experience
Year 11	Developing resilience and risk management skills: • Money management • Fraud and cybercrime • Preparing for adult life	Developing communication and negotiation skills, risk management and support-seeking skills: • Relationship values • Maintaining sexual health • Sexual health services • Managing relationship challenges and endings	Developing confidence, agency and support-seeking skills:  • Making safe and healthy lifestyle choices  • Health promotion and self-examination  • Blood, organ, stem cell donation	Developing empathy and compassion, clarifying values and support-seeking skills:  • Families and parenting  • Fertility, adoption, abortion  • Pregnancy and miscarriage  • Managing grief and loss	Developing confidence, self-worth, adaptability and decision making skills:  • Recognising and celebrating successes  • Transition and new opportunities  • Aligning actions with goals	